

LYIT COUNSELLING SERVICE

APPOINTMENTS

There are several ways that you can make an appointment with the Student Counsellor.

You can make an appointment by calling over to the Student Services Reception or by contacting the Student Services Administrator on **074 9186855**.

You can request an appointment by emailing the counsellor at counselling@lyit.ie or by phoning **087 9555266** and leaving a short message with your name and contact number.

Once you have requested an appointment in general we will contact you within 48hrs of you requesting an appointment. This is generally by email so once you have requested an appointment please look at your college email.

During very busy times there may be a delay while you wait for your appointment, but we will try and make an appointment as soon as possible.

During the initial meeting, the counsellor will work with you to find out your needs, and decide if counselling is the best form of help for you, if so we will arrange on-going appointments for you.