



Letterkenny Institute of Technology

Report of the Panel of Assessors

PART 1 GENERAL INFORMATION

SCHOOL/DEPARTMENT: School of Business

DATE OF VISITATION: 4 May 2017

PROGRAMMES EVALUATED:

Bachelor of Science (Hons) in Sports and Exercise (with Performance or with Physical Education) (240 ECTS)

MEMBERS OF PANEL OF ASSESSORS:

- Dr Derek O Byrne, Vice President for Academic Affairs & Registrar, Waterford IT, (Chair)
- Dr Sarahjane Belton, Lecturer in Physical Education, Dublin City University.
- Mr Myles Kelly, Head of Dept. Sports, Media and Marketing, IT Carlow.
- Dr Ben Fitzpatrick, Course Director: Sport, Physical Activity and Health, Ulster University.
- Johnny Bradley, Performance Analyst, Sport Northern Ireland Sports Institute

Secretary to Panel: Mr Ciarán Ó hAnnracháin

INSTITUTE STAFF:

Michael Margey

Anne Burke

Suzanne Kennedy

Maria Faulkner

Martina Sandilands

Ronan Doherty

Humphrey Murphy

PART 2 FINDINGS OF ASSESSORS

The Panel of Assessors are satisfied that the proposal adequately addresses the following criteria:

(1) Education and Training Requirements

The programme is consistent with the Institute's mission, avoids redundant provision and makes efficient use of resources (collaborating where this is beneficial).

(2) Unity

There is an underlying unifying theme and the modules are bonded by interactions which are either implicit or explicit. The proposal demonstrates how the standard (of knowledge, skill and competence), determined by QQI for the named award to which the programme proposes to lead, evolves throughout the programme as a whole.

(3) Teaching and Learning

The proposed approach to teaching and learning is clearly indicated and justified.

(4) Learner Assessment

The learner assessment methods are fully elaborated and consistent with QQI's policy on fair and consistent assessment. The assessment methods are capable, among other things, of demonstrating attainment of the standards of knowledge, skill or competence, determined by QQI, for the related award.

(5) Resources

The proposed staffing levels are appropriate and the levels of qualifications and competence of the staff is sufficient to deliver the programme. The necessary facilities available in terms of accommodation, equipment, and library and information technology resources are satisfactory to support the proposed programme.

(6) Quality Assurance

The proposal demonstrates how the Institute's quality assurance procedures have been applied in the development of the proposed programme and satisfactory procedures exist for the on-going monitoring and periodic review of programmes.

(7) Programme Title and Award Title

The award title is consistent with the named awards determined by QQI. The programme title is clear, accurate, succinct and fit for the purpose of informing prospective learners and other stakeholders.

(8) QQI Standards

The learning outcomes of the programme are stated in such a way that the compliance with the appropriate QQI standard is demonstrated.

(9) Access Transfer and Progression

This programme incorporates the procedures for access transfer and progression that have been established by the NQAI and is consistent with QQI policy in accommodating a variety of access and entry requirements.

PART 3 RECOMMENDATIONS

(For the attention of the Academic Council)

The Panel of Assessors advises the Academic Council that the Institute and the School/Department should take cognisance of following recommendations:

Consider the use of denominations (terms and phrases) in Titles and Learning outcomes of the Physical Education modules that will reflect the requirements of the Teaching Council

For the Performance Stream, consider the module titles from the perspectives of external stakeholders and that psychology is included in Year 1 or 2

Specifically include the development and progression of transferable skills in module learning outcomes

Consider the syllabus content in light of the discussions at the panel, including resolving issues of duplication / overlapping content and assessment

A clear focus is placed on statistical analysis skills assessment in the research methods modules.

The Panel of Assessors advises the Academic Council that approval of the programmes subject to general conditions of approval together with the following additional condition:

Include an elective in Performance Analysis in the Final Year of the Performance stream

Remove the coaching qualification from the assessment of the module

Response from the Department of Law and Humanities to Recommendations (Please include details of where changes have been made in the programme submission.)

Firstly I would like as Head of Department of Law and Humanities to record my gratitude to the Panel of Assessors for taking the time to assess the programme and for making such helpful recommendations and conditions all of which will improve the programme.

- 1. In order to reflect the requirements of the Teaching Council the following changes have been made: a. the module Health and Fitness 1 has been retitled Health Related Physical Activity and the Learning Outcomes amended to include children specifically b. the module Introduction to Sports Performance Practice has been retitled Coaching Pedagogy c. Gymnastics and Dance - 2 x module learning outcomes added to better differentiate the module elements of dance and gymnastics d. Adventure and Aquatics - 2 x module learning outcomes added to better differentiate the module elements of adventure and aquatics*
- 2. Cognisant of the Performance Stream and the perspective of external stakeholders, the following changes have been made. The module Health and Fitness 2 has been retitled Exercise Prescription and Programme Design. The module Sports Models has been retitled Sport Frameworks: Social, Psychological and Pedagogical. 2 x module learning outcomes added to better reflect the social, psychological & pedagogical content. The module indicative content section has been re-arranged under social, psychological and pedagogical headings. As this module in Year 2 now includes psychology the module Introduction to Sports Psychology in Year 3 has now been retitled Sports Psychology. Sport, Leisure and Society- Module learning outcome No. 1 reworded to better reflect the Level 6 nature of the module*
- 3. The following modules now specifically include the development and progression of transferable skills in module learning outcomes: Anatomy and Physiology- 1 x module learning outcome added to reflect transferable skills; the retitled Sport Frameworks: Social, Psychological and Pedagogical has a module learning outcome included to target transferable skills; the retitled Sports Psychology has 1 x module learning outcome added to reflect transferable skills; PE & Adapted Physical Activity has 1 x module learning outcome added to reflect transferable skills; Gymnastics and Dance has 1 x module learning outcome added to reflect transferable skills;*
- 4. In light of the discussions at the panel, syllabus content for the following modules has been amended to resolve issues of duplication / overlapping content and assessment: Sports Study Skills and the newly retitled Coaching Pedagogy (originally Introduction to Sports Performance Practice)*
- 5. A clear focus is now placed on statistical analysis skills assessment in the research methods modules. 1 x module learning outcome has been reworded to better reflect the quantitative / qualitative nature of the modules. Indicative course work description (assessment) includes the option of a class exam in statistical analysis.*

Response from the Department of Law and Humanities to Conditions (Please include details of where changes have been made in the programme submission.)

1. *An elective module Applied Performance Analysis has been included in Year 4 of the Performance stream*
2. *The reference to the completion of Athletics Ireland Level 1 coaching course has been removed from the indicative coursework description for the module Athletics and Games*

Please attach Programme Schedule(s)

Title of Award: **Bachelor of Science (Hons) in Sport and Exercise with Performance**

Area Of Specialisation:

Learning Mode Offered: Fulltime and/or Part-time

Date Effective: September 2017

Semester	Module Title	Subject status	ECTS		Total Contact hours				Allocation of marks (%)		
			Level	Number	Lecture	Tutorial	Lab/Studio/ Practical	Online	Coursework	Final Exam	Total
SEMESTER 1											
1	Sports Study Skills	M	6	10	3	-	3	-	100	-	100
1	Health Related Physical Activity	M	6	10	4	-	2	-	100	-	100
1	Sports Coaching Practice	M	6	5	1	-	2	-	100	-	100
1	Sports Leisure and Society	M	6	5	3	-	-	-	60	40	100
SEMESTER 2											
2	Exercise Prescription & Programme Design	M	6	10	4	-	2	-	100		100
2	Sports Performance Leadership	M	6	10	4	-	2	-	100		100
2	Anatomy and Physiology	M	6	10	4	2	-	-	50	50	100
SEMESTER 3											
3	Biomechanics and Movement Analysis	M	7	10	2	-	3	-	100	-	100
3	Sports Frameworks: Social, Psychological and Pedagogical	M	6	10	4	1	-	-	40	60	100
3	Sports Nutrition and Hydration	M	6	10	3	2	-	-	50	50	100
SEMESTER 4											
4	Performance Analysis	M	6	10	3	-	2	-	100	-	100
4	Exercise Physiology	M	6	10	3	-	2	-	50	50	100
4	Foundation of Strength and Conditioning	M	6	10	3	-	2	-	50	50	100
SEMESTER 5											
5	Introduction to Sports Psychology	M	7	5	3	-	-	-	60	40	100
5	Personal Fitness Instruction	M	7	10	1	Meetings		-	100	-	100
5	Health Promotion Practice	M	7	10	5	-	-	-	50	50	100
5	Developing as a sports practitioner	M	7	5	2	1	-	-	100		100



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Institiúid Teicneolaíochta Leitir Ceanainn
Letterkenny Institute of Technology

Programme Evaluation Report Approved by:

Dr Derek O Byrne

Chairman to Panel

(Vice President for Academic Affairs &

Registrar, Waterford IT, (Chair))

Date 28/6/17

Billy Bennett

(Registrar, Letterkenny IT)

Date 10/7/17.