

## **REPS Ireland - LYIT Approved Education Provider**

LYIT is now an approved REPS Ireland Training Provider offering students the opportunity to gain a Level 3 **Fitness Instructor** qualification and a Level 4 **Personal Trainer** qualification. These qualifications are accredited by EuropeActive, formerly the European Health and Fitness Association, and is the leading organisation representing the whole of the European Health and fitness sector.

Both Higher Certificate in Sports Studies and BSc Sport and Exercise students will have the opportunity to gain a Level 3 **Fitness Instructor qualification** if they successfully complete (minimum professional standard required) four modules over the course of two years. This is an entry level qualification in terms of securing employment as a Fitness Instructor or Gym Attendant in the Health and Fitness sector. Those students who complete the Degree programme will also have the opportunity to gain a Level 4 **Personal Trainer** qualification upon successful completion of one additional module in year three. This qualification will allow students to set up their own business or work within the sector. Upon successful completion of the modules students can register with REPS Ireland and their qualification will be recognised nationally and internationally