

Ollscoil
Teicneolaíochta
an Atlantaigh

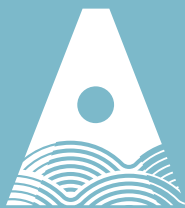
Atlantic
Technological
University

Higher Diploma in Leadership and Wellbeing in the Workplace



**Department
of Early
Education
and Social
Studies**





Course Description

The Higher Diploma in Leadership & Wellbeing in the Workplace will be of interest to a diverse audience, from all discipline areas, where applicants could be from anywhere in the country. Learners will become part of increasingly multi skilled teams in the workplace. We will equip our graduates to be able to work effectively in contemporary workflow settings.

This innovative programme is designed to enable managers and employees across all sectors to integrate wellbeing into their working environments. Leadership in areas such as wellbeing are becoming increasingly important for companies to maintain a content and productive workforce. This programme equips graduates to lead, integrate and promote wellbeing among their staff and peers.

Key Information

Level 8	60 ECTS Credits	Duration - 1 year
Full & Part Time	100% Online	Flexible Delivery

Course commences: 19th September 2022 (subject to sufficient numbers)

Minimum Entry Requirements

The Higher Diploma in Leadership and Wellbeing in the Workplace will be available to applicants who meet one of the following criteria:

QQI level 8 award, or equivalent qualification, and/or relevant life and work experience.

QQI level 7 award and three-years relevant experience.

Recognition of Prior Experiential Learning (RPEL) will be granted based on relevant experience and training in accordance with ATU Donegal's RPL policy.

Career Opportunities

Leadership and Wellbeing in the Workplace is a multidisciplinary qualification which is applicable to a wide range of organisations. This opens up a wide range of potential careers to graduates. Graduates might typically work in:

- > IT
- > Healthcare
- > SMEs
- > STEAM
- > E-Commerce
- > Social Care and Education
- > Consulting, etc.
- > Any area that requires human-human interaction and indeed any computer application that may be used by humans requires an understanding of how people think, act and relate to the systems in operation.

Learning Outcomes

On successful completion of this course the learner will be able to:

1. Manage self-directed acquisition and evaluation of new knowledge in leadership and wellbeing.



2. Apply significant abstract and applied skills in response to complex and/or ill-defined leadership and wellbeing problems.

3. Select, plan, organise and manage projects with a high degree of autonomy.



4. Take responsibility for actions and autonomous initiatives in response to leading emerging workplace related situations and problems.

5. Analyse problems in the workplace domain, choose, and justify solutions.



6. Research, document and present ideas and completed work in a professional manner

7. Make judgements and decisions in response to a range of constraints and requirements encountered in the area of leadership and wellbeing.



Course structure

Semester One

Leadership and Behaviour Change 10 ECTS Credits

Employee Mental Wellbeing 10 ECTS Credits

Digital Wellbeing 10 ECTS Credits

Semester Two

Physical Activity and Wellbeing Promotion 10 ECTS Credits

Citizenship in the Workplace 10 ECTS Credits

Employability 10 ECTS Credits

***Students can sign up to complete one or many of the above listed modules. Students can elect to do only one or two of the modules and gain individual awards or complete all six modules and gain the full Higher Diploma award. For individual module prices, please contact nigel.mckelvey@lyit.ie**

Application Process

The following link will open the ATU Donegal application form:

<https://www.lyit.ie/Study-at-ATU-Donegal/How-to-Apply-for-Part-time-Courses/Degree-Diploma-Certificate-ACCS>

For more information on the application process, please visit the ATU Donegal website:

www.lyit.ie/Study-at-ATU-Donegal



Further Information

Dr. Nigel McKelvey

Head of Department of Early Education and Social Studies, ATU Donegal Letterkenny.

074 918 6404

nigel.mckelvey@lyit.ie

EarlyEdSocialStudies.admin@lyit.ie