

**lyit**

Institiúid Teicneolaíochta Leitir Ceanainn
 Letterkenny Institute of Technology

CAREERS SERVICE**I AM A CURRENT STUDENT AND I WANT TO:****Find out about different career options related to my degree:**

1. Attend the **Careers Briefing sessions** being organised throughout the year, contact the Careers Officer 074 91 86812 to find out when the session appropriate to you is on.
2. Find out what previous LYIT graduates have done by reading the **LYIT Graduate Destination Survey**, available in the Careers section in the College Library and the Careers Suite at the Student Service Suite Reception.
3. Explore the career options related to your degree:
 Choosing a career involves more than just finding out about what is open to you. Knowledge about yourself is central to the process. It is valuable to start by looking at your individual values, interests, abilities and skills in order to relate career options to you. The Careers Service has resources to help you in your self-assessment with psychometric testing on '**Profiling for Success**', contact the Careers Officer for log-in details.

You will find that about 40% of vacancies advertised for graduates do not ask for specific degree subjects. However, you may sometimes need postgraduate training or work experience. Possession of the degree itself is taken as evidence of intellectual prowess. What is more important to the potential employer is the range of transferable skills and experience which you can demonstrate.

It is possible to study at postgraduate level in subjects both directly related and unrelated (conversion courses) to your first degree. You should carefully consider your motivation for study, how it fits in with your long-term career plans and whether it is likely to enhance your employment prospects. It is important that you begin investigating opportunities for postgraduate study early and in most instances applications should be made directly to the institution concerned. There is no guarantee of funding for postgraduate study and it is often easier to obtain a place than finance.

Other alternatives to entering employment or postgraduate study immediately after graduation include taking time out, voluntary work or starting your own business. These options also need thorough investigation and planning.

4. Find out more about the professional associations related to your degree discipline. Log on to **the Careers Service Public Folder**: Publicfs\careers for access to all relevant power point presentations.
5. **Meet the Careers Adviser.** If you would like some professional advice to help you make and implement decisions about your future career, we offer you the following options:
CV Review / Quick Query Service –
 Pre-booked individual appointments with the careers advisor for more detailed discussion about your career plans, usually available within 3 days.
 You should take some time to prepare for your meeting. Think about what kind of work you would like, what kind of experiences you have had, what are your interests, abilities, work values, etc. Try using the Assessing your personality section of Destinations® (available on-campus only), Prospects Planner, or CareerDirections - careers questionnaires.
Email Queries: If you can't find the information or advice you need on our website, you can use the Email Query service on (e) careers@lyit.ie