



lyit

Institiúid Teicneolaíochta Leitir Ceanainn  
Letterkenny Institute of Technology

## COUNSELLING SERVICE

### APPOINTMENTS

You don't always need an appointment to see the counsellor. There are 'Drop-in' sessions available every day from 9.00am to 10.30am (*last entry 10.00am*) so you can just come along any morning that you are free.

During the initial meeting, the counsellor will work with you to find out your needs, and decide if counselling is the best form of help for you, we will arrange on-going appointments for you.

During very busy times there may be a delay while you wait for you appointment, but we will set something up as soon as possible.

**To make an appointment: telephone the counsellor at 074 918 6817, mobile: 087 955 5266, and leave a short message and a contact telephone number or contact the student services receptionist at 074 918 6855.**

Email [marian.mculty@lyit.ie](mailto:marian.mculty@lyit.ie) or [counselling@lyit.ie](mailto:counselling@lyit.ie)

